



**ST TAMMANY PARISH PUBLIC SCHOOLS  
LUNCH MENUS FOR ELEMENTARY SCHOOLS  
OCTOBER 2018**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> <b>HOMEMADE COOKIE DAY</b> Chicken Bites Chilled Fruit Broccoli Crown Florets Creamy Mashed Potatoes Texas Toast Chocolate Chip Cookie	<b>2</b> Pig-in-a-Blanket Chilled Fruit Hot French Fries Bayou Baked Beans Fresh Baked Wrap OR Bun Gelatin	<b>3</b> Chinese Orange Chicken Chilled Fruit Fresh Crisp Carrots Fresh Crisp Celery Sticks OR Cauliflower Florets Fluffy Rice Texas Toast	<b>4</b> <b>NATIONAL TACO DAY</b> Beef Tacos w/ Fixings Chilled Fruit Chilled Fruit Juice Zesty Refried Beans School Made Cinnamon Stick	<b>5</b> <b>PARISH FAIR HOLIDAY</b>
<b>8</b> Chicken Bites Chilled Fruit Garden Green Salad Bayou Baked Beans Creamy Mac-N-Cheese Fresh Baked Roll	<b>9</b> Beef Nachos Chilled Fruit Garden Green Salad Salsa Refried Beans Fresh Baked Breadstick	<b>10</b> Red Beans w/Sausage & Rice Frozen Fruit Cups Crisp Carrots OR Sweet Potato Casserole Yellow Squash OR Cucumber Slices Fresh Baked Breadstick	<b>11</b> Meat Sauce w/Pasta Chilled Fruit Seasoned Green Peas Fresh Crisp Carrots Texas Toast Fudgy Brownie	<b>12</b> <b>PROFESSIONAL DEVELOPMENT DAY (NO STUDENTS)</b>
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
<b>NATIONAL SCHOOL LUNCH WEEK - School Lunch: Lots 2 Love</b>				
Chinese Orange Chicken & Rice Chilled Fruit Delicious Fruit Crisp Fresh Crisp Carrots Steamed Broccoli Florets Texas Toast	Beef Nachos Chilled Fruit Garden Green Salad Salsa Refried Beans Fresh Baked Cinnamon Stick	<b>National Take Your Parents to Lunch Day</b> Baked Chicken Chilled Fruit Fresh Crisp Carrots Louisiana Style Red Beans & Rice Flaky Biscuit	Mini Cheese Ravioli w/Mariana OR Meatball Sub Chilled Fruit Garden Green Salad Seasoned Green Beans Fresh Baked Breadstick OR Sub Roll Cake OR Cupcake	Homestyle Hamburger OR Cheeseburger Chilled Fruit Crisp Green Lettuce Crispy Potato Rounds OR Hot French Fries Fresh Baked Chocolate Chip Cookie
<b>22</b> Delicious Chicken Bites Chilled Fruit Garden Green Salad Green Peas Creamy Mac-N-Cheese Texas Toast	<b>23</b> Beef Tacos w/ Fixings Chilled Fruit Chilled Fruit Juice Zesty Refried Beans School Made Cinnamon Stick	<b>24</b> Fish Square OR Fried Catfish Chilled Fruit Gelatin Fresh Broccoli Bites Mashed Potatoes OR Baked Potato Fresh Baked Breadstick	<b>25</b> Sloppy Joe Sandwich Chilled Fruit Fresh Crisp Carrots Mashed Potatoes OR Hot French Fries Fresh Baked Roll Fudgy Brownie OR Rice Krispie Treat	<b>26</b> Hot Pepperoni Pizza Chilled Fruit Tasty Marinara Sauce OR Salsa Whole Kernel Corn Chewy Oatmeal Cookie
<b>29</b> Dipping Chicken Bites Chilled Fruit Broccoli Crown Florets Creamy Mashed Potatoes Texas Toast	<b>30</b> Beef Nachos Chilled Fruit Garden Green Salad Salsa Refried Beans Fresh Baked Breadstick	<b>31</b> Chinese Orange Chicken Chilled Fruit Fresh Crisp Carrots Fresh Crisp Celery Sticks OR Cauliflower Florets Fluffy Rice Texas Toast	<b>LUNCH PRICES:</b> Reduced (PK-12)      \$0.40 Full Price (PK-6)      \$1.30 Full Price (7-12)      \$1.55 Eligible Adults      \$3.25 Visitors      \$4.75	<b>AVAILABLE DAILY:</b> Low-Fat White Milk Fat-Free Chocolate Milk Fat-Free Strawberry Milk <b>OPTIONAL ENTRÉE:</b> Non-Fat Flavored Yogurt w/Mozzarella String Cheese OR Sunbutter and Jelly Sandwich

This institution is an equal opportunity provider. Menus are subject to change.