



## Covington Elementary Lunch Menus SEPTEMBER 2017



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> Dipping Chicken Nuggets Chilled Fruit Broccoli Crown Florets Sweet Potato Casserole OR Creamy Mashed Potatoes	<b>3</b> Hot Dog Chilled Fruit Crispy Potato Rounds OR Hot French Fries Bayou Baked Beans Gelatin	<b>4</b> <b>National Taco Day</b> Beef Tacos w/Fixings Chilled Fruit Chilled Fruit Juice Zesty Refried Beans School Made Cinnamon Stick	<b>5</b> Italian Meat Sauce w/Pasta Chilled Fruit Seasoned Green Beans Garden Green Salad Fresh Baked Breadstick Moist Yellow Cake w/ Icing	<b>6</b> <b>PARISH FAIR HOLIDAY (NO SCHOOL)</b>
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
<b>NATIONAL SCHOOL LUNCH WEEK - Recipes for Success</b>				<b>PROFESSIONAL DEVELOPMENT DAY (NO STUDENTS)</b>
Delicious Chicken Tenders Chilled Fruit Garden Green Salad Fresh Cauliflower Bites Snappy Celery Sticks Creamy Mac-N-Cheese Fresh Baked Roll	Beef Nachos Chilled Fruit Garden Green Salad Salsa Fresh Baked Breadstick OR Tortilla Chips	BBQ Chicken Sandwiches Chilled Fruit Gelatin w/Fruit Bayou Baked Beans Creamy Mashed Potatoes OR Baked Potato Fresh Baked Breadstick	Pizza Corn Chilled Fruit School Made Roll Fudgy Brownie	
<b>16</b> Dipping Chicken Nuggets Chilled Fruit Delicious Fruit Crisp Fresh Crisp Carrots Broccoli Cheese Rice Casserole OR Rice w/Gravy Texas Toast	<b>17</b> <b>NATIONAL PASTA DAY</b> Breezy Beefy Mac Cranraisins OR Fruity Raisins Green Peas and Fresh Crisp Carrots Texas Toast Fudgy Brownie	<b>18</b> Finger Lick'n Roasted Chicken Chilled Fruit Fresh Crisp Carrots Louisiana Style Red Beans Fluffy Rice Flaky Biscuit	<b>19</b> Mini Cheese Ravioli Garden Green Salad Seasoned Green Beans Fresh Baked Breadstick Cake OR Cupcakes	<b>20</b> Homestyle Hamburger OR Cheeseburger Chilled Fruit Bayou Baked Beans Crisp Green Lettuce Crispy Potato Rounds OR Hot French Fries Chocolate Chip Cookie
<b>23</b> Delicious Chicken Tenders Chilled Fruit Garden Green Salad Green Peas Creamy Mac-N-Cheese Texas Toast	<b>24</b> Chicken Tacos w/Fixings Chilled Fruit Chilled Fruit Juice Zesty Refried Beans School Made Cinnamon Stick	<b>25</b> Red Beans w/Sausage Frozen Fruit Cups Fresh Crisp Carrots or Vegetable Juice Sweet Potato Casserole Fresh Baked Breadstick Fluffy Rice	<b>26</b> Hot Pepperoni Pizza Chilled Fruit Tasty Marinara Sauce OR Salsa Whole Kernel Corn Chewy Oatmeal Cookie	<b>27</b> Sloppy Joe Sandwich Fresh Broccoli Bites Creamy Mashed Potatoes OR Potato Rounds OR Hot French Fries Fresh Baked Roll Fudgy Brownie OR Rice Krispie Treat
<b>30</b> Dipping Chicken Nuggets Chilled Fruit Broccoli Crown Florets Sweet Potato Casserole OR Creamy Mashed Potatoes Texas Toast	<b>31</b> Hot Dog Chilled Fruit Crispy Potato Rounds OR Hot French Fries Bayou Baked Beans Gelatin		<b>LUNCH PRICES:</b> Reduced (PK-12)      \$0.40 Full Price (PK-6)      \$1.30 Full Price (7-12)      \$1.55 Eligible Adults      \$3.25 Visitors      \$4.25	<b>AVAILABLE DAILY:</b> Low-Fat White Milk Fat-Free Chocolate Milk Fat-Free Strawberry Milk  <b>OPTIONAL ENTRÉE:</b> Non-Fat Flavored Yogurt w/Mozzarella String Cheese

This institution is an equal opportunity provider. Menus are subject to change.