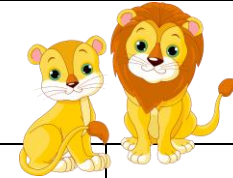




Covington Elementary Lunch Menus SEPTEMBER 2017



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LUNCH PRICES: Reduced (PK-12) \$0.40 Full Price (PK-6) \$1.30 Full Price (7-12) \$1.55 Eligible Adults \$3.25 Visitors \$4.25	AVAILABLE DAILY: Low-Fat White Milk Fat-Free Chocolate Milk Fat-Free Strawberry Milk OPTIONAL ENTRÉE: Non-Fat Flavored Yogurt w/Mozzarella String Cheese			1 Cheesy Chicken Quesadilla Chilled Fruit Salsa Whole Kernel Corn Chewy Oatmeal Cookie
4 LABOR DAY HOLIDAY	5 National Cheese Pizza Day Hot Cheese Pizza or Pepperoni Pizza Chilled Fruit Tasty Marinara Sauce Whole Kernel Corn Rice Krispie Treat	6 Original Oven Fried Chicken OR Crispy Fried Chicken Chilled Fruit Fresh Crisp Carrots Louisiana Style Red Beans Fluffy Brown Rice Flaky Biscuit	7 Italian Meat Sauce w/Pasta Chilled Fruit Seasoned Green Beans Garden Green Salad Fresh Baked Breadstick Moist Yellow Cake w/Icing	8 Grilled Cheese Sandwich OR Ham & Cheese Sandwich Chilled Fruit Bayou Baked Beans Garden Green Salad
11 Delicious Chicken Tenders Chilled Fruit Garden Green Salad Fresh Cauliflower Bites Snappy Celery Sticks Creamy Mac-N-Cheese Fresh Baked Roll	12 Beef Tacos OR Chicken Tacos w/Fixings Chilled Fruit Chilled Fruit Juice Zesty Refried Beans School Made Cinnamon Stick	13 Crispy Fish Strips OR Fish Square OR Fried OR Baked Catfish Gelatin w/Fruit Fresh Broccoli Bites Baked OR Mashed Potatoes Fresh Baked Breadstick	14 Breezy Beefy Mac OR Macaroni Wiggle Chilled Fruit Seasoned Green Peas Fresh Crisp Carrots Texas Toast Fudgy Brownie	15 Classic Chicken Sandwich OR Classic Chicken Slider Chilled Fruit Crisp Green Lettuce Crispy Potato Rounds OR Hot French Fries
18 National Cheeseburger Day Homestyle Cheeseburger Chilled Fruit Bayou Baked Beans Crisp Green Lettuce Crispy Potato Rounds OR Hot French Fries	19 Finger Lick'n Roasted Chicken Chilled Fruit Fresh Crisp Carrots Louisiana Style Red Beans Fluffy Brown Rice Flaky Biscuit	20 Loaded Potato Bar w/Chili OR Beef Nachos Chilled Fruit Garden Green Salad Salsa Fresh Baked Breadstick OR Tortilla Chips	21 Mini Cheese Ravioli w/Mariana OR Meatball Sub Chilled Fruit Garden Green Salad Seasoned Green Beans Fresh Baked Breadstick Cake OR Cupcakes	22 Dipping Chicken Nuggets Chilled Fruit Delicious Fruit Crisp Fresh Crisp Carrots Broccoli Cheese Rice Casserole OR Rice w/Gravy Texas Toast
25 Delicious Chicken Tenders Chilled Fruit Garden Green Salad Green Peas Creamy Mac-N-Cheese Texas Toast	26 Beef Tacos w/ Fixings OR Taco Salad w/ Corn Chips Chilled Fruit Chilled Fruit Juice Zesty Refried Beans School Made Cinnamon Stick	27 Turkey PoBoy OR Roasted Turkey w/Rice & Gravy OR Red Beans w/Sausage & Rice Frozen Fruit Sorbet Fresh Crisp Carrots Sunny Yellow Squash Zesty Cucumber Slices Fresh Baked Breadstick	28 World Milk Day Homemade Meatloaf OR Salisbury Steak OR Sloppy Joe Sandwich Fresh Broccoli Bites Creamy Mashed Potatoes OR Crispy Potato Rounds OR Hot French Fries Fresh Baked Roll Fudgy Brownie OR Rice Krispie Treat	29 Hot Pepperoni Pizza Chilled Fruit Tasty Marinara Sauce Whole Kernel Corn Chewy Oatmeal Cookie

This institution is an equal opportunity provider. Menus are subject to change.